November 2021

Mon	Tue	Wed	Thu	Fri
	2 Ajiaco	3 Gumbo	4 Miso Soup	5 Mulligatawny
Professional Development Day No Classes	Grilled Flank Steak Chimichurri Sauce Roasted Root Vegetables and Corn	BBQ Chicken Sandwich Collard Greens	Ahi Tuna Poke Bowls	Chicken Ciabatta Greek Salad
	Chocolate Tres Leche	Banana Cream Pie	M & M Rice Krispies	Pumpkin Mousse
8 White Bean and Rosemary	9 Butternut Squash	I 0 Pozole	I I Turkey Noodle	I2 Potato Leek
Quesadilla Spanish Rice	Chicken Pot Pie	Cuban Pork Sandwich Spicy Black Beans	Beef Gyros Greek Salad	Linguini with Clam Sauce
Hand Pies	Apple Krisp Bars	Orange Blossom Bundt Cake	Pumpkin Cheesecake	Cookies and Cream Brownies
I5 Tomato Basil Soup	l 6 Clam Chowder	17	18 Minestrone	19 Broccoli Cheddar
Grilled Cheese	Bronzed Salmon Caesar Salad	Lakeside's Thanksgiving Supper	Pasta with Meat Sauce Garlic Bread	Jerk Chicken With Red Beans and Rice Steamed Vegetables
November Birthday Cupcakes	Snickerdoodle	Pumpkin Pies	Coconut Chews	Chocolate Thin Mint
22 Red Lentil	23 Carrot Ginger	24 Tom Yum Soup	25	26
Roasted Vegetable Lasagna	Beef Bulgogi Steamed Rice Kimchi	Lemongrass Chicken Curry over Rice Noodles	Thanksgiving Break School Closed	Thanksgiving Break School Closed
Spice Cake	Brookie	Pumpkin Dream Bars		
29	30			
Thanksgiving Break School Closed	Professional Development Day No Classes			

November Vegan 2021

Mon	Tue	Wed	Thu	Fri
	2	3	4	5
Professional Development Day No Classes	Grilled Eggplant Chimichurri Sauce Roasted Root Vegetables and Corn	BBQ Jackfruit Sandwich Collard Greens	Butternut Squash Poke Bowls	Vegan Cobb Salad
8	9	10	11	12
Black Bean and Vegetable Rice Bowl	Vegan Pot Pie	Roasted Vegetable Sandwich Spicy Black Beans	Garbanzo Bean Greek Salad	Linguini with Vegan Pesto sauce
15	16	17	18	19
Grilled Vegan Cheese Sandwich	Garden Salad with Marinated Tempeh	Vegan Version Lakeside's Thanksgiving Supper	Penne with Marinara Sauce	Spaghetti Squash Jerk Style With Red Beans and Rice Steamed Vegetables
22	23	24	25	26
Pasta Vegetables and Marinara	Korean Tempeh Steamed Rice Kimchi	Lemongrass Tofu Curry Rice Noodles	Thanksgiving Break School Closed	Thanksgiving Break School Closed
29	30			
Thanksgiving Break School Closed	Professional Development Day No Classes			

November Gluten Free 2021

Mon	Tue	Wed	Thu	Fri
	2 Ajiaco	3 Gumbo	4 Miso Soup	5 Mulligatawny
Professional Development Day No Classes	Grilled Flank Steak Chimichurri Sauce Roasted Root Vegetables and Corn	BBQ Chicken GF Sandwich Collard Greens	Ahi Tuna Poke Bowls	Grilled Chicken Cobb Salad
8 White Bean and Rosemary	9 Butternut Squash	I 0 Pozole	I I Turkey Noodle	I2 Potato Leek
Black Bean and Vegetable Rice Bowl	Chicken Pot Pie	Cuban Pork Sandwich Spicy Black Beans	Beef Shawarma Greek Salad	Gluten Free Linguini with Clam Sauce
I 5 Tomato Basil Soup	l 6 Clam Chowder	17	I8 Minestrone	19 Broccoli Cheddar
Gluten Freen Grilled Cheese	Bronzed Salmon Caesar Salad	Lakeside's Thanksgiving Supper	Gluten Free Pasta with Meat Sauce	Jerk Chicken With Red Beans and Rice Steamed Vegetables
				Brownie
22 Red Lentil	23 Carrot Ginger	24 Tom Yum Soup	25	26
GF Pasta With Vegetables and Marinara	Beef Bulgogi Steamed Rice Kimchi	Lemongrass Chicken Curry Rice Noodles	Thanksgiving Break School Closed	Thanksgiving Break School Closed
29	30			
Thanksgiving Break School Closed	Professional Development Day No Classes			