

October 2017

Mon	Tue	Wed	Thu	Fri
<p>2 Kale and White Bean</p> <p>Mac and Cheese with Tomatoes Roasted Broccoli and Peppers</p> <p>Brownies</p>	<p>3 Thai Hot and Sour Shrimp</p> <p>Chicken and Thai Basil with Spicy Eggplant</p> <p>Fruit</p>	<p>4 Yellow Split Pea</p> <p>Roasted Salmon Sweet Potatoes Roasted Corn</p> <p>Cake</p>	<p>5 Chicken Noodle</p> <p>BBQ Pork Sandwich Apple Slaw</p> <p>Cookies</p>	<p>6 Miso Soup</p> <p>Chicken Teriyaki Brown Rice Steamed Edamame</p> <p>Magic Bar</p>
<p>9 Southwest Vegetable</p> <p>Lentil, Barley, Bean Burger Roasted Acorn Squash</p> <p>Fruit</p>	<p>10 Turkey and Rice</p> <p>French Dip Steamed Potatoes Roasted Mix Vegetables</p> <p>Mississippi Mud Bar</p>	<p>11 Broccoli Cheddar</p> <p>Herb Pork Loin Red Quinoa Pilaf Steamed Green Beans</p> <p>Cookies</p>	<p>12 Potato Leek</p> <p>Parmesan Lemon Sole Roasted Sweet Potatoes</p> <p>Berry Crisp</p>	<p>13</p> <p>School Closed Professional Development Day</p>
<p>16 Vegetable Tortilla</p> <p>Cheese and Black Bean Enchilada</p> <p>Churros</p>	<p>17 Chicken Gumbo</p> <p>Spicy Jambalaya With Chicken and Sausage Cornbread</p> <p>Cake</p>	<p>18 Beef Barley</p> <p>Italian Grinders Caesar Salad</p> <p>N.Y. Cheesecake</p>	<p>19 Spinach and Lentil</p> <p>Chicken Biryani Roasted Squash</p> <p>Jell-O</p>	<p>20 Cream of Asparagus</p> <p>Assorted Pizzas</p> <p>Brownies</p>
<p>23 Curried Sweet Potato</p> <p>Tortellini with Marinara Mixed Roasted Vegetables</p> <p>Fruit</p>	<p>24 Black Bean Chorizo</p> <p>Flora's Chicken Tinga</p> <p>Tres Leche Cake</p>	<p>25 Borscht</p> <p>Cheeseburger Sliders Tater Tot Roasted Carrots</p> <p>Cookies</p>	<p>26 Chicken Basil</p> <p>Blackened Tilapia Chili Lime Butter Black Eyed Pea Salad</p> <p>Blueberry Crumble</p>	<p>27 Mulligatawny</p> <p>Chicken Vindaloo Cardamom Basmati Rice</p> <p>Mango Lassi</p>
<p>30 Tomato Basil</p> <p>Roasted Vegetables Israeli Couscous</p> <p>Toll House Cookie Bar</p>	<p>31</p> <p>Pumpkin Chili Bar Corn Bread</p> <p>Cinnamon Rolls</p>			