

The LEEP Shoutout

Spring 2016

Happy Spring, LEEPers! The start of spring is one of my favorite times of year; we're finally getting more daylight, trees and flowers are beginning to bloom, and the air feels fresher...or maybe just to me! It also can feel like I need to find different ways of motivating myself to be more active; it's easy to "hibernate" during the rainy winter. As we enter this new season, I hope you will take time to find activities that bring you joy and give you energy. Maybe it's going on a walk with a friend, throwing a football around, reading a good book, or starting a new sport. Whatever it is, be sure to take time to get some fresh air and get away from a screen. Challenge yourself to "spring" into something new (bad pun, I know!). Even if you don't end up loving it, you took a risk and actively participated – bringing LEEP values into your daily lives! Be safe, have fun ☺ – *Ms. Hardy*

CAR PARTS, LEEP '12

"Set your goals high and don't stop till you get there." – Bo Jackson

Seniors! You are now officially in the final countdown of high school. Congrats! These next few months can bring on a variety of emotions – excitement about leaving high school, nerves about entering "the real world", and the bittersweet feeling of leaving behind friends and teachers that have been significant to you over the past 4 years. As you look ahead to life outside of high school, we encourage you to keep your own personal goals in mind.

What makes you YOU? How do your goals and ambitions differ from your friends' and family's goals for you? Think through what you hope the next 6 months, 12 months, 18 months will look like, and put yourself on a path for success now. Whether you want to continue on the same path or start fresh, this time of big transition is a great time to reflect, reenergize, and rev up for this upcoming new chapter. We can't wait to see where your next steps take you!

We also hope you will join us for the Service Learning Activity Day on Saturday, April 2. We will have

LAKESIDE SUMMER SCHOOL

Take advantage of the opportunity to learn and have fun this summer! Would it be helpful to review skills or get ahead in a certain subject like math or science? Maybe you want to prepare yourself for the college application process by taking an ACT or SAT Prep class, or writing your college essays with the guidance of a college counselor? Or perhaps you simply want to explore a new topic that is of interest to you. Either way, consider the Lakeside Summer School!

See available classes in on the [Summer Programs website](#) and in the [Curriculum Guide](#).

Financial Aid is available for LEEP students.

[Register online](#) now!

UPCOMING EVENTS!

CLASS DAY – Trees

Sat., March 5

9am to Noon

Lakeside Campus

SERVICE LEARNING ACTIVITY DAY –

Car Parts, Bones, Fruits, Trees

Sat., April 2

Specific times vary depending on location (around the greater Seattle area)

Download the SPS Service Learning Documentation Form [here](#).

COLLEGE TOUR – Bones

Tues., April 12 to

Fri., April 15

Click [here](#) for the College Tour application.

WRAP UP –

Trees

Sat., May 7

9am to 1:00 pm

Lakeside Campus

Save the Dates

for LEEP 2016-17:

Oct. 1, Oct. 15, Nov. 5, Nov. 19, Dec. 3, Jan. 7, Feb. 3, Mar. 4, and Apr. 1.

VOLUNTEER FOR LEEP!

We are still looking for a few more volunteers to help at LEEP interview days in March. Join us to share your love of LEEP and get community service hours for school!

You would talk with families applying to LEEP for this summer about what you liked in the program, how it helped you prepare for high school, and answer questions they might have.

Available dates/times are:

Sat., March 12 from 9:00am-12:30pm
Sat., March 19 from 1:30-5:00pm
Sat., March 26 from 9:00am-12:30pm

Email Ms. Tasia at
latasia.lanier@lakesideschool.org
if you are interested!

*Thank you to Lucy M '14, Kayla F '13,
Tessa T '15, Alia '14, Jayden '14,
Maggie '13, and Kyle '12 for already
signing up to volunteer!*

Tell your friends to apply for LEEP!

The LEEP application for Summer 2016 is now available! Do you know someone who would be a good candidate for the program? Encourage them to apply! The deadline is April 21.

locations throughout the greater Seattle area, and times vary based on location. This is a great time to connect with other LEEPers, make a difference in your community, and get service hours you can apply towards graduation. Details to come soon.

BONES, LEEP '13

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel." – Maya Angelou

I remember my junior year was full: fun with friends, getting into the swing of things with my extracurricular activities, and (unfortunately!) a good deal of anxiety about senior year. As you begin thinking ahead to experiences post-high school – whether it's at college/university or at a job – remember to stay in the "now" too. Think about the relationships in your life, relationships with family, with friends, with teachers, and with yourself. How are you treating them? As Maya Angelou's quote above says, people don't forget how you made them feel. The next year will fly by (seriously!) and you want to avoid looking back, wishing you had been kinder, friendlier, and more respectful in your interactions. Are you being your best self?

Ms. Tasia recently invited juniors to take advantage of the LEEP College Tour, happening over Seattle Public Schools' spring break, April 12-15. Up to 10 students will join us as we visit colleges and universities of various sizes in Washington and Oregon. The [application](#) is due Wednesday, March 16.

We also hope you will join us for the Service Learning Activity Day on Saturday, April 2. We will have locations throughout the greater Seattle area, and times vary based on location. This is a great time to connect with LEEPers in other cohorts, make a difference in your community, and get service hours you can apply towards graduation. Details to come soon.

MS. TASIA SAYS

Stand and Deliver! Recently, I was reminded of this 1988 classic movie depicting beloved East Los Angeles math teacher Jaime Escalante as I listened to a story on NPR (<http://www.npr.org/2016/02/09/466108287/just-an-average-guy-excels-at-teaching-students-ap-calculus>). The movie told the story of a high school teacher who challenged his students' perceptions, raised their academic performance, and transformed their lives in the course of one school year. The viewing of *Stand and Deliver* has become a LEEP tradition because you show the same potential and promise as those students. Mr. Escalante's dedication proved motivation and hard work can rewrite one's destiny. Your first recollection of the movie from your LEEP summer may be different. Many of you chuckled at the outdated hairstyles and fashion, but I hope you will also recall some of his messages. Count to three and repeat after me...*A negative times a negative equals a positive. Never underestimate your potential. The power of education is life-changing.* And my favorite: ***You can do it!***

FRUITS, LEEP '14

***"Hangin' tough, stayin' hungry."
– Eye of the Tiger, by Survivor***

As sophomore year comes to an end and you look ahead to being an upperclassman, it can be a challenge to maintain your work ethic and motivation. Reflect on the ways you can improve your effort in specific classes and your activities in or out of school. Keep your eyes on college and be sure you are preparing yourself in all the necessary ways. Check out [Kaplan's College Timeline](#) to see what you should be considering as you finish 10th grade and begin 11th grade. Taking small actions now means you won't need to worry about getting behind in the future!

Be sure the upcoming Service Learning Activity Day on Saturday, April 2 is on your calendars! Attendance is expected for members of the Fruits cohort. We will have locations throughout the greater Seattle area, and times vary based on location. This is a great time to connect with LEEPers in other cohorts, make a difference in your community, and get service hours you can apply towards graduation. Details to come soon.

TREES, LEEP '15

"You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose." – Dr. Seuss

We love this Dr. Seuss quote! It's a little silly but the message is important: you have all the tools you need to be successful inside you and the choices you make will put you on a path to great things (or away from great things...). As you finish your first year of high school – congrats! – it's a good time to reflect on what has been working for you, what hasn't been, and what your role is in each of those situations. How best can you utilize your time away from school this summer to ensure your "ship" is headed in the right direction? Remember: there is no summer session for you this year! We encourage you to use your time wisely. Consider finding a summer job (see the next page for resources to help in your search), apply for another summer camp or program, or volunteer in your community.

Be sure the upcoming Service Learning Activity Day on Saturday, April 2 is on your calendars! Attendance is expected for members of the Trees cohort. We will have locations throughout the greater Seattle area, and times vary based on location. This is a great time to connect with LEEPers in other cohorts, make a difference in your community, and get service hours you can apply towards graduation. Details to come soon.

SHOUTOUTS!

Cole '06 and Isaiah '06

For their upcoming national (!) Brothers From Another tour! See the show in Seattle on Friday, April 15 at the Showbox. Buy tickets [here](#).

Khalil J. '13

For being a part of the Washington Aeronautical Scholars program!

Nyal M. '13

For being selected, along with the Roosevelt High School jazz band, to attend the Essentially Ellington Jazz Festival – one of only 15 finalists in the country!

Nina B. '13

For securing a paid position as an assistant counselor and kitchen assistant at Camp Sealth this summer!

Jinji A. '14

For finishing first semester of high school with strong grades, beginning water polo, competing at State for the FCCLA organization's culinary category of food and innovation, and speaking on a panel at an upcoming event!

LaShaiah D. '15

For making high honor roll at Kent-Meridian High School!

Tony C. '15

For taking a risk and signing up to wrestle this year – and for an impressive 17-7 record, qualifying for State!

Want to be celebrated in the next Shoutout? Send your news to Ms. Tasia at:
latasia.lanier@lakesideschool.org

SUMMER JOB OPPORTUNITIES

Summer is right around the corner! Are you looking to have new experiences, add to your resume, and make some money? Check out these websites for job opportunities around Seattle:

1. <http://www.hireteen.com/>
2. <http://www.youthatwork.info/index.php/youth-job-resources/>
3. <http://www.seattle.gov/Parks/jobs/default.htm>
4. <http://www.seattle.gov/parks/teens/programs/teenjobs.htm>

COLLEGE SCHOLARSHIP OPPORTUNITIES

Sea Mar Community Health Centers' Scholarship Program – Every year Sea Mar awards over 100 students with \$1,000 scholarships. All students, regardless of their status, are eligible to apply. Application Deadline: March 15 www.seamar.org/scholarships

The Questbridge College Prep Scholarship – Scholarship is directed towards low-income high achieving juniors. Many of the students who win this scholarship are given free online standardized test tutoring, travel grants to universities including Stanford, Yale, and Emory, and have opportunities to win free laptops or other prizes. This is specifically for juniors. Application Deadline: March 23. <http://www.questbridge.org/for-students/cps-how-to-apply>

The Fred Hutchinson High School Internship Program – Summer internship opportunity for students of underrepresented demographics who are interested in gaining experience with some kind of health-related research. Intern assignments range from lab work to public health data analysis. Last year, the program was only for juniors going into senior year, but it seems that this year may not be the case. Application Deadline: March 31. <https://www.fredhutch.org/en/careers/internship-opportunities/high-school-internship.html>

Remember when...?

